

West Virginia Developmental Disabilities Council
Five Year State Plan
FFY 2016
December 31, 2015

The Developmental Disabilities Council is an independent, self-governing State agency established by Executive Order of the Governor in 1972 and is funded by the Federal Administration on Intellectual and Developmental Disabilities (AIDD). Council membership is by appointment of the Governor and is composed of over sixty percent (60%) persons with developmental disabilities and family members. The Council also includes representatives of State government and other public and private organizations.

Council Mission

The Council's mission is to assure that West Virginia citizens with developmental disabilities receive the services, supports and other forms of assistance they need to exercise self-determination and achieve independence, productivity, integration and inclusion in their communities.

Developing and Amending the Plan

The federal Developmental Disabilities Assistance and Bill of Rights Act (PL 106-402) (DD Act) provides guidance to State Councils in planning, including the requirement that Plans must be based in part on the direct input of people with developmental disabilities and their families. The West Virginia Council coordinated activities during the Spring of 2011 that encouraged people to provide their views on a wide range of issues affecting people with developmental disabilities and their families.

Each year, every DD Council must submit a State Plan Amendment. “**Substantive**” amendments involve a complete revision of a goal to change the intent of the goal as well as objectives, activities, and timelines; and/or addition or deletion of a goal. “**Non-Substantive**” amendments involve a slight revision to a goal that does not change the overall intent of a goal; revision of objectives, adding, deleting or modifying objectives, activities and timelines that do not change the overall intent of a goal. The Council made **non-substantive** revisions to the FFY 2015 Plan.

Council State Plan Goals

Based on the Council's service and support needs assessment activities, which included public forums and needs surveys reaching more than seven hundred (700) people, seven major goals emerged during the planning process and serve as the foundation for the Five Year State Plan:

- 1) **Self-Advocacy**: People who have developmental disabilities will gain skills to take advantage of opportunities and receive necessary supports to a) self-direct their services and supports, and b) positively impact the design and implementation of services for all people with developmental disabilities.
- 2) **Family Support and Training**: Families will know the rights of their sons and/or daughters who have developmental disabilities in order to obtain necessary services for them through participation in a wide range of targeted training and support.
- 3) **Protection Against Abuse, Assuring Safety, and Rights Protection**: The Council will develop strategies to increase the capacity of the West Virginia service system to reduce the risk of abuse, and incidence of mistreatment, seclusion and restraint of people with developmental disabilities.
- 4) **Direct Support Personnel Development and Training**: In collaboration with the State developmental disabilities services authority, related State and local entities, people with developmental disabilities, families, and advocates, develop and implement a state plan for the recruitment, development, training and retention of qualified direct support personnel.
- 5) **Inclusive Education**: Students with developmental disabilities of all ages and all levels of support needs will have access to quality, inclusive educational opportunities in their neighborhood schools and receive individualized, appropriate and timely supports at times of transition.
- 6) **Accessibility and Accountability in Public Services**: Collaborate with State programs to develop and implement a method to insure timely and appropriate services and supports are provided to people with developmental disabilities in the most integrated setting, and to identify and meet the needs of people with developmental disabilities who are deemed not eligible or adequately served.
- 7) **Competitive and Valued Employment**: People with developmental disabilities will be employed in the general workforce through the adoption of a State Employment First policies, practices and standards.

What Does The Council Do?

Council activities include training and technical assistance, demonstration of innovative programs, outreach, applied research, supporting and educating communities, interagency collaboration, barrier elimination, and development of citizen coalitions. The Council also works to develop public policy recommendations which promote its vision and mission for supporting people with developmental disabilities.

The WV DD Council will develop an Evaluation Plan to examine the progress made in achieving the goals of the State Plan. The Council will create methods for measuring the performance of Council activities with respect to direct benefits made to people with developmental disabilities and their families, and improvements in policies and practices.

The State DD Network Partners

The DD Act provides a mandate and guidance to states for planning and collaboration among the DD Councils, protection and advocacy programs, and the Centers for Excellence in Developmental Disabilities. Staff from the West Virginia Advocates and West Virginia University Center for Excellence in Disabilities have collaborated with the Council in the State Plan development process.

Developmental Disabilities Definition

Developmental disability is defined in the DD Act as:

- (A) **In general, a severe, chronic disability of an individual that –**
- a) **is attributable to a mental or physical impairment or combination of mental and physical impairments;**
 - b) **is manifested before the individual attains age 22;**
 - c) **is likely to continue indefinitely;**
 - d) **results in substantial functional limitations in 3 or more of the following areas of major life activity:**
 - (I) **Self-Care.**
 - (II) **Receptive and expressive language.**
 - (III) **Learning.**
 - (IV) **Mobility.**
 - (V) **Self-direction.**
 - (VI) **Capacity for Independent Living.**
 - (VII) **Economic self-sufficiency; and**
 - e) **Reflects the individual’s need for a combination and sequence of special, interdisciplinary, or generic services, individualized supports, or other forms of assistance that are of lifelong or extended duration and are individually planned and coordinated.**
- (B) **Infants and Young Children – An individual from birth to age 9, inclusive, who has a substantial developmental delay or specific congenital or acquired condition, may be considered to have a developmental disability without meeting 3 or more criteria described in clauses a) through e) of subparagraphs (A) if the individual, without services and supports, has a high probability of meeting those criteria later in life.**

DD Act Mandate for State Plan Goals

State Councils have flexibility in determining Plan priorities, however, all Councils are required to establish or strengthen **self-advocacy goals** by: a) establishing or strengthening a self-advocacy organization led by persons with developmental disabilities; b) supporting opportunities for individuals with developmental disabilities to **provide leadership training** to other individuals with developmental disabilities; c) and supporting participation of individuals with developmental disabilities in **cross-disability and culturally diverse leadership coalitions**.

FIVE YEAR STATE PLAN GOALS, STRATEGIES AND CTIVITIES

1. SELF-ADVOCACY

People with developmental disabilities will gain skills to take advantage of opportunities and receive necessary supports to a) self-direct their services and supports, and b) positively impact the design of and implementation of services for all people with developmental disabilities.

Objectives	Implementation Activities	Timeline
1.1 300 people with DD will learn ways to become more active in decisions that affect their lives through participation in up to 18 independent, self-governing/self-sustaining People 1 st Chapters.	Fund and support Developmental Disabilities led statewide self-advocacy organization.	10/1/2012 through 9/30/16 with annual reviews
1.2 Forty five (45) people with DD and /or family members will learn leadership skills in order to participate in public policy development.	Fund and coordinate Partners in Policymaking (PIP) training for adults with DD and parents of young children with DD every other year. PIP participants learn about current issues, policymaking and the legislative process at the local, State, and federal levels.	FY's 2012, 2014 and 2015/16
1.3 People with DD will make up 25% membership of a cross-disability advocacy organization by 9/30/16.	Fund and support an organization with membership representing all disability groups. The program will be focused on educating policymakers and the general public about issues that impact all citizens with disabilities.	9/30/16
1.4 People with DD and their family members statewide will have access to relevant and concise public policy information that impacts their lives.	The Council will analyze and make available key current and pending public policies and practices, including legislative priorities, white papers and position statements. The Council will utilize website postings, email groups, or forums.	By 9/30/2016
1.5 One hundred (100) people will learn the importance of, and ways to project, a positive personal image of people with DD.	The Council will coordinate training events and collaborate with self-advocacy organizations to create learning opportunities for people with developmental disabilities. Topics may include: personal hygiene, age-appropriate dress, self-advocacy, and enhancing their roles in the community.	By 9/30/16

<p>1.6 50 youth and teens with DD will use new knowledge to become stronger self-advocates, lead self-determined lives, and actively participate in their transition from school to community living.</p>	<p>People First of WV will partner with schools to provide age-appropriate training plans on youth self-advocacy. Project activities will include development of training modules and educational materials targeted to youth and teens.</p>	<p>By 9/30/16</p>
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2. FAMILY SUPPORT AND TRAINING

Goal: Families of people who have developmental disabilities will know their rights in order to obtain necessary services for their family members.

Objectives	Implementation Activities	Timeline
<p>2.1 300 people with DD and their families will gain new knowledge of programs, policies or services that impact their lives.</p>	<p>The Council will provide funds to in-state, not-for-profit organizations to support attendance of people with DD & family members of people with DD who wish to attend statewide conferences that include topics that support the Council’s vision</p>	<p>10/1/2012 through 9/30/16</p>
<p>2.2 Two hundred fifty (250) parents of children with DD in WV’s public schools will participate more effectively in educational planning for their family members.</p>	<p>The Council, in collaboration with the West Virginia Advocates will update and disseminate the <u>Parent Advocacy Guide to Special Education</u> to at least 2,000 parents statewide. The Guide will provide practical information to parents on State education policies and rights. The Council and WVA will follow up and obtain feedback from parents who volunteer to report on the benefits or problems encountered the Guide.</p>	<p>Updated Guide by 4/1/2015 Parent Report by 9/30/16</p>
<p>2.3 150 family members will learn more about issues that they have identified as important including guardianship & other topics.</p>	<p>The Council will provide funding and support in the development of statewide training events or materials including web-based, and electronic media each year.</p>	<p>10/1/2012 through 9/30/2016</p>

**3. PROTECTION AGAINST ABUSE, ASSURING SAFETY,
AND RIGHTS PROTECTION**

Goal: The West Virginia DD Council will develop strategies to increase the capacity of the West Virginia service system to reduce the risk of abuse, and incidence of mistreatment, seclusion and restraint of individuals with developmental disabilities.

Objectives	Implementation Activities	Timeline
3.1 At least 100 people with DD will learn how to recognize and respond safely to threats of abuse or neglect.	The Council will continue funding the project “ <u>SafeGuard Self-Protection Initiative</u> ” (Arc MOV) to provide multi-faceted, multi-media training approach that provides self-protection & advocacy training through workshops, webinars, podcasts, newsletters, email, web alerts & other approaches to reach people statewide.	By 9/30/16
3.2 250 DD service providers, social services, and other personnel will be prepared to prevent and intercede on behalf of people with DD who are vulnerable to financial exploitation.	The Council will collaborate with State government, federal entitlement program (e.g. Social Security), advocates, providers and others to fund or support training initiatives and development of materials aimed at preventing financial exploitation of people with DD.	By 9/30/16
3.3 A means of collecting information and data on the incidence of abuse of people with DD will be developed as part of a cross-system framework for data collection.	The Council will facilitate the creation of a representative advisory group to develop a report and recommendations to clarify abuse and neglect definitions, data collection and record keeping procedures.	By 9/30/16

4. DIRECT SUPPORT PERSONNEL DEVELOPMENT AND TRAINING

Goal: In collaboration with the State developmental disabilities services authority, related State and local entities, people with developmental disabilities, families, and advocates, develop and implement a state plan for the recruitment, development, training and retention of qualified direct support professionals.

Objectives	Implementation Activities	Timeline
4.1 A workforce development plan will be developed that creates a professional career path for direct support workers.	The Council will facilitate the creation of an advisory group of stakeholders to plan, research, collect data, and engage in public policy advocacy to create new competency standards and support for the direct support workforce. The group will identify barriers and investigate current training standards for workers in a range of direct support roles.	Form group by 4/1/2016 Written report by 9/30/16
4.2 40 DD service personnel will learn principles & application of SRV (Social Role Valorization) theory for the improvement of social integration & productivity of persons with DD.	Council will sponsor an SRV training.	By 9/30/16
4.3 10 DD service personnel will learn to use the PASSING (Program Analysis of Service Systems Implementation of Normalization Goals) instrument for evaluating human services programs based on SRV.	Council will sponsor and teach a PASSING workshop.	By 9/30/16

5. INCLUSIVE EDUCATION

Goal: Students with developmental disabilities of all ages and all levels of support needs will have access to quality, inclusive educational opportunities in their neighborhood schools and receive individualized, appropriate and timely supports at times of transition.

Objectives/Implementation Activities and Timelines

Objectives	Implementation Activities	Timeline
<p>5.1 Students with DD who are in transition will demonstrate improved & valued outcomes related to academics, socialization/extracurricular activities, and inclusion in regular class settings from early intervention through high school.</p>	<p>The Council will collaborate with the Department of Education, West Virginia Office of Maternal, Child and Family Health’s Birth to Three Program, West Virginia Advocates, Parent Educator Resource Centers, parents and students to develop recommendations to improve person centered transition planning for students with developmental disabilities. Transition planning recommendations will be developed for:1) children who transition from early intervention programs to pre-kindergarten/kindergarten, 2) elementary to middle school, 3) middle school to high school, and 4) high school to adult living and work.</p>	<p>Report by 9/30/2016</p>
<p>5.2 Work exploration programs will be put into practice in at least 3 new school districts for students with IDD, including students with high support needs.</p>	<p>The Council will collaborate with the Department of Education, WV Division of Rehabilitation Services & others in the development of career focused transition planning programs.</p>	<p>By 9/30/16</p>

6. ACCESSIBILITY AND ACCOUNTABILITY IN PUBLIC SERVICES

Goal: Collaborate with State programs to develop and implement a method to insure timely and appropriate services and supports are provided to people with developmental disabilities in the most integrated setting, and to identify and meet the needs of people with developmental disabilities who are deemed not eligible or adequately served.

Objectives	Implementation Activities	Timeline
6.1 Twenty percent 20% more people with I/DD who are supported by Council funded projects will become members of local service provider Boards of Directors, Human Rights Committees or other advisory and oversight oriented groups.	The Council, in partnership with the State self-advocacy organization, will develop strategies for people with developmental disabilities and families to participate on regional service provider monitoring, oversight and other related boards or committees.	By 9/30/16
6.2 Families will develop strategies for improving communication & working relationships with providers.	Facilitate formation of representative workgroup to develop written recommendations for improving provider's (& other St. entities) operations & procedures for educating families about services, supports, rights & other important information.	By 9/30/16
6.3 A framework for cross-agency exchange of data & information about DD will be established.	The Council will facilitate an advisory group to develop methods for key public agencies to develop priorities & methods for researching, storing and sharing essential State DD information on a wide range of issues.	By 9/30/16
6.4 The impacts of WV Medicaid I/DD Waiver cuts to people with I/DD will be identified in terms of where people live, work and learn in their communities.	The Council will support study that identifies consequences of I/DD Waiver cuts related to health, safety and/or ability to work, live, gain access to and learn in the community. Study will explore extent and adequacy of services related to person-centered approaches, intensity and appropriateness of supports, and access to services in the most integrated settings.	By 9/30/16

7. COMPETITIVE AND VALUED EMPLOYMENT

Goal: *People with developmental disabilities will be employed in the general workforce through the adoption of State Employment First policies, practices and standards.*

Objectives/Implementation Activities and Timelines in Employment

Objectives	Implementation Activities	Timeline
7.1 50 staff from ten (10) developmental disabilities service provider agencies, schools, and employment services programs will be prepared to evaluate and improve the quality of their programs' employment supports and services.	The Council will work with stakeholders to develop training focused on customized, Employment First, and other innovative employment approaches, accessing funding sources, and developing collaborative relationships. The Council will partner with the WV Division of Rehabilitation Services, WV APSE, Department of Education, and others to plan the training.	Workshop 9/30/16
7.2 New guidelines & resources will support up to 25% more students with DD in becoming eligible to attend selected post-secondary education and training programs.	The Council will partner with the Department of Education, WV Division of Rehabilitation Service, adult basic education programs, vocational/technical schools, skilled trade organizations and others to develop new initiatives that create greater access to employment training after high school.	By 9/30/16